



THE SPIRITUAL **ROSARY** PILGRIMAGE

A BIBLICAL JOURNEY THROUGH THE LIFE OF CHRIST WITH MARY



Pilgrimage Guide



FOUNDER

Charbel Raish

A former seminarian teacher, and father of 7, Charbel Raish's radical conversion story moved him to found Parousia. He has organised 200+ events all over Australia with local and international speakers. Charbel has coordinated Faith Formation events for over 15 years.

PAROUSIAMEDIA.COM

Welcome to The Spiritual Rosary Pilgrimage 2020!

I am so excited that you can join us. Tens of thousands of people from over 90 countries are participating in this first-ever, online rosary event.

Our world is in need of prayer more than ever. With so much confusion, despair, loss of faith, loss of purpose, loneliness, anger, distractions and more, we need God to hear our prayer.

St Padre Pio famously said that "The rosary is the weapon for these times". That was over 50 years ago! Imagine how much more important it is today.

This Pilgrimage Guide will accompany you throughout your 4-week journey. It starts with tips for making the most out of the pilgrimage. Get a diagram for how to pray the rosary, and you'll find all the prayers. You'll also get Scriptural meditations for each mystery, and space to write notes for each talk. Lastly, you can meet Parousia, and learn about us.

I hope you gain so much from this pilgrimage guide and reuse it over the years. It is my prayer that your love for Our Lord, His Church and His mother is increased. May the tens of thousands of rosaries that will be prayed through this pilgrimage be heard in Heaven.

Welcome!

Charbel Raish

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How to make the most from this pilgrimage

Start each day with a Hail Mary for everyone involved in this pilgrimage. Pray with us that we may be living witnesses of the joy and unity that Mary and Jesus enjoy, and that we may bring that to our family and the world.

Watch each video, and write down the thoughts that come to you. If you are moved to pray, take an extra moment to respond to the call.

Join us in the Facebook group to share stories and insights with the rest of the pilgrimage. We are all together in spirit, and the group is one little way to make it real!

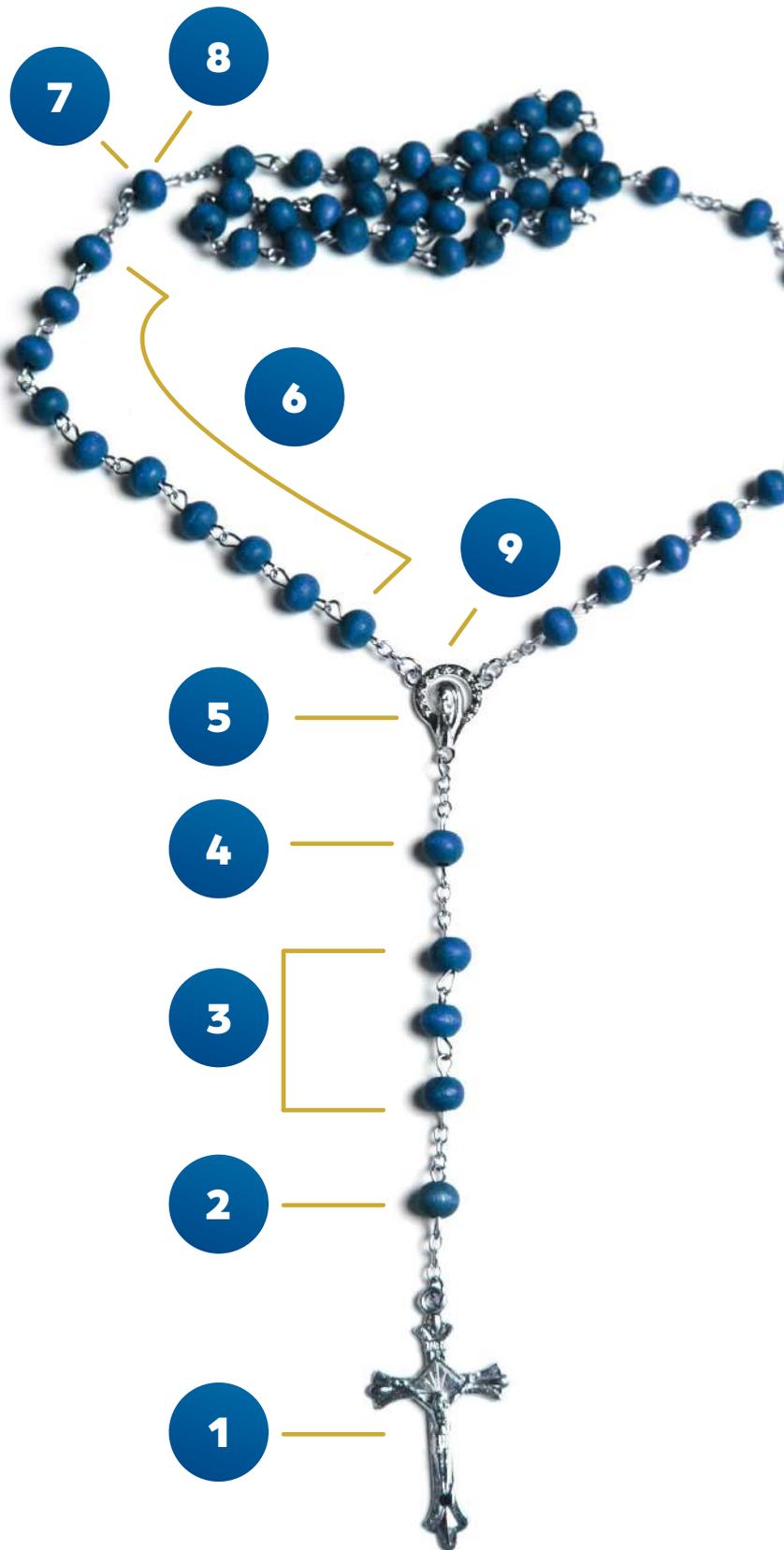
Lastly, share this pilgrimage with friends and family, to help the message of the Rosary reach more hearts.

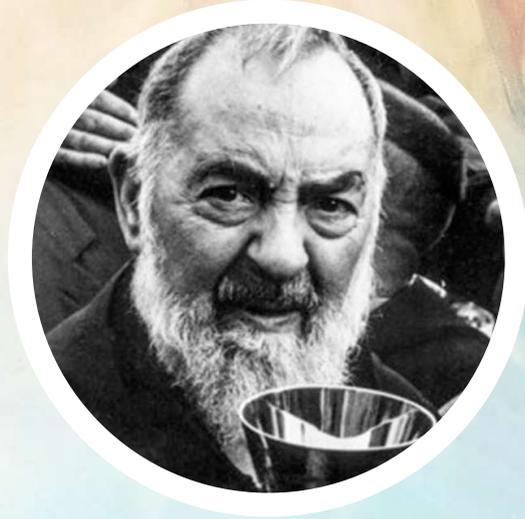


How to Pray the Rosary

Follow each numbered step and hold the part of the rosary that corresponds with the number of the step.

1. Make the Sign of the Cross and pray the Apostles' Creed.
2. Pray the Lord's Prayer
3. Pray 3 Hail Marys
4. Pray the Glory Be
5. Announce the first mystery and then pray the Lord's Prayer
6. Pray 10 Hail Marys while meditating on the mystery.
7. Pray the Glory Be (optional: say the 'O My Jesus' prayer requested by Mary at Fatima)
8. Announce the second mystery, then say the Our Father and repeat these steps as you continue through the remaining mysteries.
9. Pray the Hail, Holy Queen and finish with the Sign of the Cross.





*In times of darkness, holding the Rosary
is like holding your Blessed Mother's
hand. Pray the Rosary every day.
Abandon yourself in the hands of Mary.
She will take care of you.*

Padre Pio



The Prayers of the Rosary

The Sign of the Cross

In the name of the Father, and of the Son,
and of the Holy Spirit. Amen.

The Apostles' Creed

I believe in God, the Father Almighty, Creator of heaven
and earth and in Jesus Christ, His only Son, our Lord;
Who was conceived by the Holy Spirit, born of the Virgin
Mary, suffered under Pontius Pilate, was crucified, died,
and was buried, He descended into hell; the third day He
arose again from the dead; He ascended into Heaven, and
is seated at the right hand of God, the Father Almighty,
from thence He shall come to judge the living and the
dead. I believe in the Holy Spirit, the Holy Catholic Church,
the communion of saints, the forgiveness of sins, the
resurrection of the body, and life everlasting. Amen.

The Lord's Prayer

Our Father, Who art in Heaven, hallowed be Thy Name.
Thy Kingdom come, Thy will be done on earth, as it is in
Heaven. Give us this day our daily bread, and forgive us
our trespasses as we forgive those who trespass against
us. And lead us not into temptation, but deliver us from
evil. Amen.

The Hail Mary

Hail Mary, full of grace, the Lord is with thee. Blessed art
thou among women, and blessed is the fruit of thy womb,
Jesus. Holy Mary, mother of God, pray for us sinners, now
and at the hour of our death. Amen.

The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit. As it was in the beginning, is now, and ever shall be, world without end. Amen.

The Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of Hell, and lead all souls to Heaven, especially those in the most need of thy mercy.

Hail, Holy Queen

Hail, Holy Queen, Mother of Mercy, hail our Life, our Sweetness, and our Hope. To Thee do we cry, poor banished children of Eve. To Thee do we send up our sighs mourning and weeping in this valley of tears. Turn then, most gracious Advocate, Thine Eyes of Mercy toward us, and after this our exile show unto us the Blessed Fruit of thy Womb, Jesus. O clement, O loving, O sweet Virgin Mary.

Pray for us O Holy Mother of God, that we may be made worthy of the promises of Christ.

The St Michael's Prayer

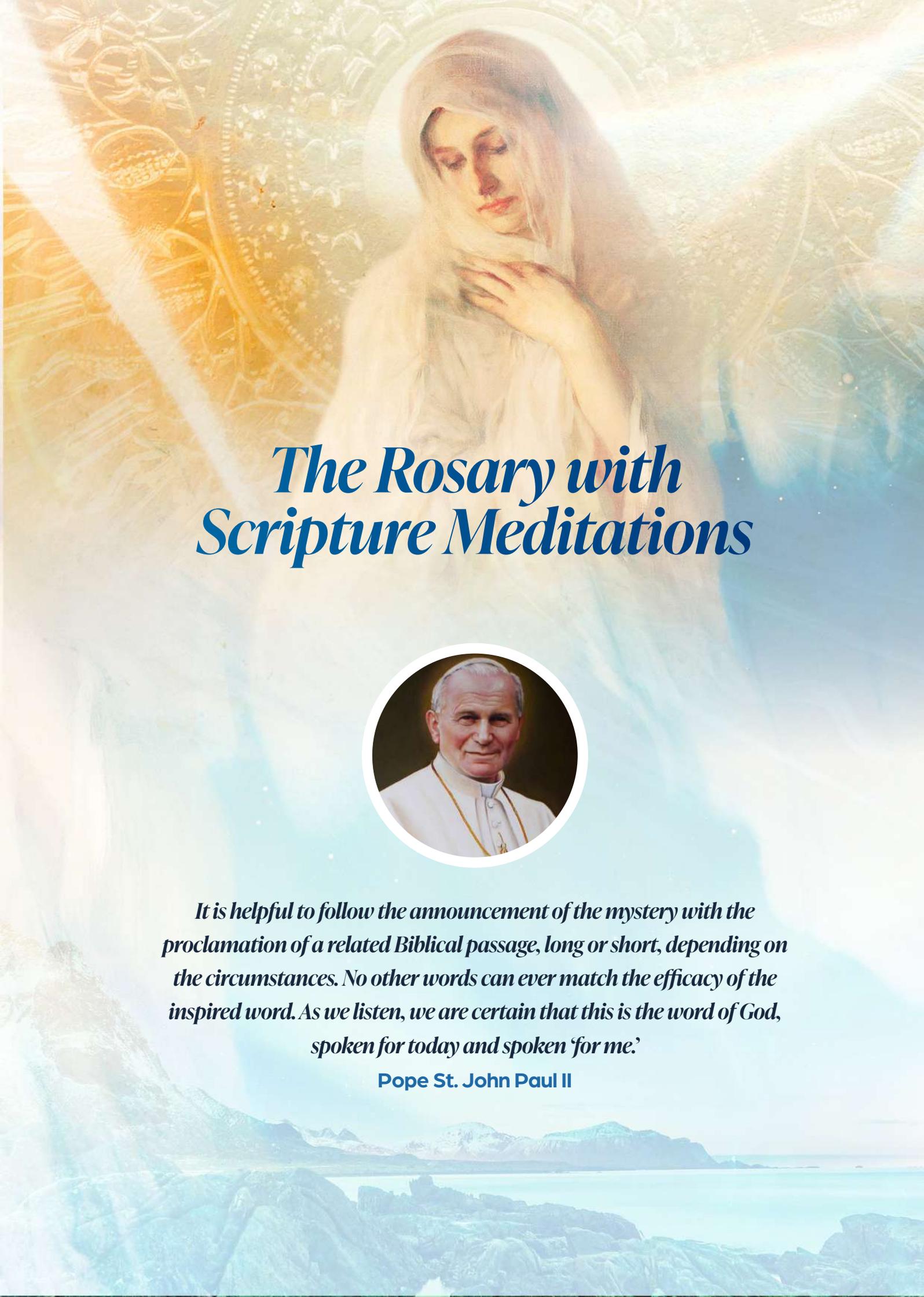
Saint Michael the Archangel, defend us in battle. Be our protection against the wickedness and snares of the devil; May God rebuke him, we humbly pray; And do thou, O Prince of the Heavenly Host, by the power of God, thrust into hell Satan and all evil spirits who wander through the world for the ruin of souls. Amen.

The Rosary Prayer

O, God, Whose only-begotten Son, by His life, death and resurrection, has purchased for us the rewards of eternal life; grant, we beseech Thee, that, meditating upon these mysteries of the Most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain what they promise, through the same Christ Our Lord. Amen.

For Pope Francis and His Intentions

One Our Father, one Hail Mary and one Glory Be



The Rosary with Scripture Meditations



It is helpful to follow the announcement of the mystery with the proclamation of a related Biblical passage, long or short, depending on the circumstances. No other words can ever match the efficacy of the inspired word. As we listen, we are certain that this is the word of God, spoken for today and spoken 'for me.'

Pope St. John Paul II

THE JOYFUL MYSTERIES

1: The Annunciation

Our Father...

1. The Angel Gabriel was sent from God...to a virgin betrothed to a man, named Joseph, of the house of David. The virgin's name was Mary. (Lk. 1: 26-27)
Hail Mary...

2. The angel said to her: "Rejoice O highly favored daughter! The Lord is with you. Blessed are you among women." (Lk. 1: 28)
Hail Mary...

3. She was deeply troubled by his words, and wondered what his greeting meant. (Lk. 1: 29) *Hail Mary...*

4. The angel said to her: "Do not fear, Mary. You have found favor with God." Lk. 1: 30)
Hail Mary...

5. "You shall conceive and bear a son and give him the name of Jesus." (Lk. 1: 31)
Hail Mary...

6. "Great will be his dignity and he will be called Son of the Most High. And His reign will be without end." (Lk. 1: 32-33)
Hail Mary...

7. Mary said to the angel, "How can this be since I do not know man?" (Lk. 1: 34)
Hail Mary...

8. The angel answered Her: "The Holy Spirit will come upon you and the power of the Most High will overshadow you." (Lk. 1: 35) *Hail Mary...*

9. "The holy offspring to be born will be called Son of God." (Lk. 1: 35) *Hail Mary...*

10. Mary said: "I am the servant of the Lord. Let it be done to me as you say." With that the angel left her. (Lk. 1: 38) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE JOYFUL MYSTERIES

2: The Visitation

Our Father...

1. Mary set out, proceeding in haste into the hill country to a town of Judah, where she entered Zechariah's house and greeted Elizabeth. (Lk. 1: 39-40) *Hail Mary...*
2. When Elizabeth heard Mary's greeting, the baby leapt in her womb. (Lk. 1: 41) *Hail Mary...*
3. Elizabeth was filled with the Holy Spirit. (Lk. 1: 41) *Hail Mary...*
4. She cried out in a loud voice: "Blessed are you among women and blest is the Fruit of your womb." (Lk. 1: 42) *Hail Mary...*
5. "Blest is she who trusted that the Lord's words to her would be fulfilled." (Lk. 1: 45) *Hail Mary...*
6. Then Mary said: "My being proclaims the greatness of the Lord, my spirit finds joy in God my Savior." (Lk. 1: 46-47) *Hail Mary...*
7. "For he has looked upon his servant in her lowliness; all ages to come shall call me blessed." (Lk. 1: 48) *Hail Mary...*
8. "God who is mighty has done great things for me, holy is his name." (Lk. 1: 49) *Hail Mary...*
9. "His mercy is from age to age on those who fear him." (Lk. 1: 50) *Hail Mary...*
10. Mary remained with Elizabeth about three months and then returned home. (Lk. 1: 56) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE JOYFUL MYSTERIES

3: The Nativity

Our Father...

1. Suddenly the angel of the Lord appeared in a dream, and said to him: "Joseph, son of David, have no fear... it is by the Holy Spirit that she has conceived this child." (Mt. 1: 20) *Hail Mary...*

2. "She is to have a son and you are to name him Jesus, because he will save his people from their sins." (Mt. 1: 21) *Hail Mary...*

3. All this happened to fulfill what the Lord has said through the prophet: The virgin shall be with child and give birth to a son, and they shall call him Emmanuel, a name which means "God is with us." (Mt. 1: 22-24) *Hail Mary...*

4. In those days Caesar Augustus published a decree ordering a census of the

whole world. And so Joseph went to Judea, to David's town of Bethlehem - because he was of the house of David - to register with Mary, his espoused wife, who was with child. (Lk. 2: 1), (Lk. 2: 4-5) *Hail Mary...*

5. She gave birth to her first-born son and wrapped him in swaddling clothes and laid him in a manger. (Lk. 2: 7) *Hail Mary...*

6. There were shepherds in that region, living in the fields and keeping night watch ... over their flocks.(Lk. 2: 8) *Hail Mary...*

7. The angel of the Lord appeared to them ... and they were very much afraid. The angel said to them: "You have nothing to fear!" (Lk. 2: 9-10) *Hail Mary...*

8. "I come to proclaim good news to you - tidings of great joy. This day in David's city a savior has been born to you, The Messiah and Lord." (Lk. 2: 10-11) *Hail Mary...*

9. Suddenly there was with the angel a multitude of the heavenly host, praising God and saying: "Glory to God in high heaven, peace on earth to those on whom His favor rests." (Lk. 2: 13-14) *Hail Mary...*

10. They went in haste and found Mary and Joseph, and the baby lying in the manger. (Lk. 2: 16) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE JOYFUL MYSTERIES

4: The Presentation

Our Father...

1. When the day came to purify them according to the law of Moses, the couple brought him up to Jerusalem so that he could be presented to the Lord. (Lk. 2: 22) *Hail Mary...*
2. There lived in Jerusalem at the time a certain man named Simeon. He was just and pious....and the Holy Spirit was upon him. (Lk. 2: 25) *Hail Mary...*
3. It was revealed to him by the Holy Spirit that he would not experience death until he had seen the Anointed of the Lord. (Lk. 2: 26) *Hail Mary...*
4. He came to the temple now, inspired by the Spirit, and when the parents brought in the child Jesus...

he took him in his arms and blessed God. (Lk. 2: 27-28)
Hail Mary...

5. "Now Master, you can dismiss your servant in peace; you have fulfilled your word." (Lk. 2: 29)
Hail Mary...

6. "For my eyes have witnessed your saving deed, displayed for all the peoples to see." (Lk. 2: 30-31) *Hail Mary...*

7. Simeon blessed them and said to Mary his mother; "This child is destined to be the downfall and the rise of many in Israel, a sign that will be opposed." (Lk. 2: 34)
Hail Mary...

8. "And you yourself shall be pierced with a sword – so

that the thoughts of many hearts may be laid bare." (Lk. 2: 35) *Hail Mary...*

9. When the pair had fulfilled all the prescriptions of the law of the Lord, they returned to Galilee and their own town of Nazareth. (Lk. 2: 39) *Hail Mary...*

10. The child grew in size and strength, filled with wisdom, and the grace of God was upon him. (Lk. 2: 40) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE JOYFUL MYSTERIES

5: The Finding in the Temple

Our Father...

1. And when he was twelve they went up for the celebration as was their custom. (Lk. 2: 42) *Hail Mary...*

2. As they were returning at the end of the feast, the child Jesus remained behind unknown to his parents. (Lk 2: 43) *Hail Mary...*

3. Thinking he was in the party, they continued their journey for a day, looking for him among their relatives and acquaintances. (Lk. 2: 44) *Hail Mary...*

4. Not finding him, they returned to Jerusalem in search of him. (Lk. 2: 45) *Hail Mary...*

5. On the third day they came upon him in the temple sitting in the midst of the teachers... All who heard him were amazed at his intelligence and his answers. (Lk. 2: 46–47) *Hail Mary...*

6. And his mother said to him: "Son, why have you done this to us? You see that your father and I have been searching for you in sorrow." (Lk. 2: 48) *Hail Mary...*

7. He said to them; "Why did you search for me? Did you not know I had to be in my Father's house?" (Lk. 2: 49) *Hail Mary...*

8. But they did not grasp what he said to them. (Lk. 2: 50) *Hail Mary...*

9. He went down with them then, and came to Nazareth, and was obedient to them. (Lk. 2: 51) *Hail Mary...*

10. His mother meanwhile, kept all these things in memory. Jesus, for his part, progressed steadily in wisdom and age and grace before God and men. (Lk. 2: 51–52) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...



*“Continue to pray the
Rosary every day.”*

Our Lady of Fatima to Sister Lucia

THE LUMINOUS MYSTERIES

1: The Baptism

Our Father...

1. "I am baptizing you with water for repentance but the one who is coming after me is mightier than I." (Mt 3:11) *Hail Mary...*

2. "I am not worthy to loosen the thongs of his sandals." (Lk 3:16) *Hail Mary...*

3. "He will baptize you with the Holy Spirit and with fire." (Lk 3:16) *Hail Mary...*

4. The next day John saw Jesus coming toward him and said, "Behold the Lamb of God, who takes away the sin of the world." (Jn 1:29) *Hail Mary...*

5. John said to him, "I have need to be baptized by you, and yet you are coming to me?" (Mt 3:14) *Hail Mary...*

6. Jesus said to him, "Allow it now for thus it is fitting for us to fulfill all righteousness." (Mt 3:15) *Hail Mary...*

7. Then he allowed it. (Mt 3:15) *Hail Mary...*

8. After Jesus was baptized, he came out of the water and, behold, the heavens were opened unto him (Mt 3:16) *Hail Mary...*

9. And he saw the Spirit of God descending like a dove coming upon him. (Mt 3:16) *Hail Mary...*

10. And a voice from the heavens saying, " This is my beloved Son, with whom I am well pleased. " (Mt 3:17) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE LUMINOUS MYSTERIES

2: The Wedding at Cana

Our Father...

1. On the third day there was a wedding at Cana and the mother of Jesus was there. (Jn 2:1) *Hail Mary...*

2. Jesus and his disciples were also invited to the wedding. (Jn 2:2) *Hail Mary...*

3. When the wine ran short, the mother of Jesus said to him, "They have no wine." (Jn 2:3) *Hail Mary...*

4. Jesus said to her, "Woman, how does your concern affect me? My hour has not yet come." (Jn 2:4) *Hail Mary...*

5. His mother instructed those waiting on table, "Do whatever he tells you." (Jn 2:5) *Hail Mary...*

6. Jesus said to the servants, "Fill the jars with water." And they filled them to the brim. (Jn 2:7) *Hail Mary...*

7. Then he told them, "Draw some out now and take it to the headwaiter." (Jn 2:8) *Hail Mary...*

8. And when the headwaiter tasted the water that had become wine without knowing where it had come from, he called the bridegroom. (Jn 2:9) *Hail Mary...*

9. And said to him, "Every man serves good wine first; and when men have drunk freely, an inferior one, but you have kept the good wine until now." (Jn 2:9-10) *Hail Mary...*

10. Jesus did this as the beginning of his signs in Cana

of Galilee, and so revealed his glory; and his disciples believed in him. (Jn 2:11) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE LUMINOUS MYSTERIES

3: The Proclamation

Our Father...

1. "This is the time of fulfillment." (Mk 1:15)
Hail Mary...

2. "The kingdom of God is at hand." (Mk 1:15) *Hail Mary...*

3. "Repent and believe in the gospel." (Mk 1:15) *Hail Mary...*

4. And they came, bringing to him a paralytic carried by four men. And when Jesus saw their faith he said to the paralytic, "My son your sins are forgiven" (Mk 2: 3-5)
Hail Mary...

5. "But that you may know that the Son of Man has authority on earth to forgive sins... I say to you rise take up your pallet and go home." (Mk 2: 10-11) *Hail Mary...*

6. But he said to the woman, "Your faith has saved you; go in peace." (Lk 7:50) *Hail Mary...*

7. "So I tell you, her many sins have been forgiven; for she has shown great love." (Lk 7:47) *Hail Mary...*

8. Jesus came and stood among them and said to them "Peace be with you " (Jn 20: 19-20) *Hail Mary...*

9. And when he had said this, he breathed on them and said to them "Receive the Holy Spirit" (Jn 20: 22)
Hail Mary...

10. "As the Father has sent me, even so I send you " (Jn 20: 22) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE LUMINOUS MYSTERIES

4: The Transfiguration

Our Father...

1. About eight days after saying these things, he took Peter and John and James, and went up the mountain to pray. (Lk 9:28)

Hail Mary...

2. While he prayed, his face changed and his clothing became dazzling white. (Lk 9:29) *Hail Mary...*

3. And, behold, there were two men talking to him, Moses and Elijah. (Lk 9:30)

Hail Mary...

4. Who appeared in glory, and spoke of his death which he should accomplish in Jerusalem. (Lk 9:31)

Hail Mary...

5. Peter and his companions were overcome with sleep, but becoming fully awake, they saw his glory, and the two men that stood with him. (Lk 9:32) *Hail Mary...*

6. As they were about to part from him, Peter said to Jesus, "Master, it is good we are here; let us make three tents; one for you, and one for Moses, and one for Elijah." (Lk 9:33) *Hail Mary...*

7. While he was still speaking, there came a cloud and cast a shadow over them, and they became frightened as they entered into the cloud. (Lk 9:34) *Hail Mary...*

8. And there came a voice out of the cloud, saying, "This is my chosen Son; listen to him." (Lk 9:35)

Hail Mary...

9. After the voice had spoken, Jesus was found alone. (Lk 9:36) *Hail Mary...*

10. They fell silent and did not tell anyone at this time what they had seen. (Lk 9:36) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE LUMINOUS MYSTERIES

5: The Institution of the Eucharist

Our Father...

1. Jesus said to him, "I am the way, the truth, and the life. No one comes to the Father, except through me." (Jn 14:6) *Hail Mary...*

2. "...Whoever has seen me has seen the Father" (Jn 14:9) *Hail Mary...*

3. "And whatever you ask in my name, I will do, that the Father may be glorified in the Son." (Jn 14:13) *Hail Mary...*

4. "Peace I leave with you; My peace I give to you." (Jn 14:27) *Hail Mary...*

5. "I am the true vine, and my Father is the vine grower." (Jn 15:1) *Hail Mary...*

6. "If you keep my commandments, you will remain in my love; just as I have kept my Father's commandments, and remain in his love." (Jn 15:10) *Hail Mary...*

7. "This I command you, love one another." (Jn 15:17) *Hail Mary...*

8. And as they were eating, Jesus took bread, blessed it, broke it, and gave it to his disciples and said, "Take and eat; this is my body." (Mat 26:26) *Hail Mary...*

9. Then he took a cup, gave thanks, and gave it to them saying, "Drink from it all of you." (Mat 26:27) *Hail Mary...*

10. "For this is my blood of the covenant, which is shed for many for the forgiveness of sins." (Mat 26:28) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...



*“When the Holy Rosary is said well,
it gives Jesus and Mary more glory
and is more meritorious than any
other prayer.”*

Saint Louis de Montfort

THE SORROWFUL MYSTERIES

1: The Agony in the Garden

Our Father...

1. Then Jesus went with them to a place called Gethsemani...and he began to experience sorrow and distress. (Mt. 26: 36–37)

Hail Mary...

2. Then he said to them, "My heart is nearly broken with sorrow. Remain here and stay awake with me." (Mt. 26: 38) *Hail Mary...*

3. He withdrew from them and knelt down and prayed. (Lk. 22:41) *Hail Mary...*

4. "Father, if it is possible, let this cup pass from me. Still, let it be as you would have it, not as I." (Mt. 26:39)

Hail Mary...

5. When he returned to his disciples, he found them asleep. He said to Peter, "So you could not stay awake with me for even an hour? Be on guard and pray that you may not undergo the test. The spirit is willing, but nature is weak." (Mt. 26: 40–42) *Hail Mary...*

6. In his anguish, he prayed more earnestly. An angel appeared to him, coming from Heaven to give him strength. (Lk. 22: 44,43)

Hail Mary...

7. "The hour is on us when the Son of Man is to be handed over to the power of evil men." (Mt. 26:45)

Hail Mary...

8. While he was still speaking, Judas, one of the twelve, arrived accompanied by a great crowd with swords and clubs. (Mt. 26: 47)

Hail Mary...

9. He immediately went over to Jesus, said to him, "Peace, Rabbi," and embraced him. (Mt. 26: 49)

Hail Mary...

10. Jesus answered, "Friend, do what you are here for." At that moment they stepped forward to lay hand on Jesus and arrest Him. (Mt. 26: 50)

Hail Mary...

Glory be to the Father...

O My Jesus, forgive us our sins...

THE SORROWFUL MYSTERIES

2: The Scourging

Our Father...

1. As soon as it was daybreak, the chief priests, with the elders and scribes, reached a decision. They bound Jesus, led him away, and handed him over to Pilate. Pilate interrogated him: "Are you the king of the Jews?" (Mk. 15: 1-2)

Hail Mary...

2. Jesus answered, "My Kingdom does not belong to this world"...At this, Pilate said to him, "So then you are a king?" Jesus replied, "It is you who say I am a king. The reason I was born, the reason why I came into the world is to testify to the truth. Anyone committed to the truth, hears my voice." (Jn. 18:36-37)

Hail Mary...

3. This much only will I say, "From now on, the Son of Man will have his seat at the right hand of the Power of God."

(Lk. 22: 69) *Hail Mary...*

4. "So you are the Son of God?" they asked in chorus. He answered, "It is you who say that I am." (Lk. 22: 70)

Hail Mary...

5. Pilate's next move was to take Jesus and have him scourged. (Jn. 19:1)

Hail Mary...

6. Despised and rejected by men, a man of sorrows. (Is. 53: 3)

Hail Mary...

7. And yet, ours were the sufferings he bore. (Is. 53: 4)

Hail Mary...

8. He was pierced through for our faults, crushed for our sins. (Is. 53: 5) *Hail Mary...*

9. They blindfolded him, slapped him and then taunted him. (Lk. 23: 64)

Hail Mary...

10. And after he had Jesus scourged, Pilate handed him over to be crucified. (Mk. 15: 15)

Hail Mary...

Glory be to the Father...

O My Jesus, forgive us our sins...

THE SORROWFUL MYSTERIES

3: The Crowning with Thorns

Our Father...

1. The soldiers now led Jesus away into the hall known as the Praetorium; at the time they assembled the whole cohort. (Mk. 15: 16)

Hail Mary...

2. They dressed him in royal purple, then wove a crown of thorns and put it on him. (Mk. 15: 17)

Hail Mary...

3. They began to salute him, All hail! King of the Jews!

(Mk. 15: 18) *Hail Mary...*

4. Continually striking Jesus on the head with a reed and spitting at him, they genuflected before him and pretended to pay him homage. (Mk. 15: 19)

Hail Mary...

5. Pilate said to the crowd: "Observe what I do. I am going to bring him out to you to make you realize that I find no case against him."

(Jn. 19: 4) *Hail Mary...*

6. When Jesus came out wearing the crown of thorns and the purple cloak, Pilate said to them, "Look at the man!" (John 19: 5)

Hail Mary...

7. As soon as the chief priests and the temple guards saw him they shouted, "Crucify him! Crucify him!" (Jn. 19: 6)

Hail Mary...

8. "Why, what crime has he committed?" asked Pilate. They only shouted the louder, "Crucify him!" (Mk. 15: 14)

Hail Mary...

9. Pilate said to the Jews, "Look at your king!" (Jn. 19: 14) *Hail Mary...*

10. In the end, Pilate handed Jesus over to be crucified.

(Jn. 19: 16) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE SORROWFUL MYSTERIES

4: The Carrying of the Cross

Our Father...

1. When they had finished making a fool of him, they stripped Jesus of the cloak, dressed him in his own clothes, and led him off to crucifixion. (Mt. 27: 31)

Hail Mary...

2. On their way out they met a Cyrenian named Simon. This man they pressed into service to carry the cross. (Mt. 27: 32) *Hail Mary...*

3. A great crowd of people followed him, including women who beat their breasts and lamented over him. (Lk. 23: 27) *Hail Mary...*

4. Jesus turned to them and said: "Daughters of Jerusalem, do not weep for me. Weep for yourselves and for your children." (Lk. 23: 28) *Hail Mary...*

5. Two others who were criminals were led along with him to be crucified. (Lk. 23: 32) *Hail Mary...*

6. Upon arriving at the site called Golgotha, (a name which means Skull Place), they gave him a drink of wine flavored with gall, which he tasted but refused to drink. (Mt. 27: 33-34) *Hail Mary...*

7. When they had crucified him, they divided his clothes among them by casting lots; then they sat down there and kept watch over him. (Mt. 27: 35-36) *Hail Mary...*

8. "Whoever wishes to be my follower must deny his very self." (Lk. 9: 23) *Hail Mary...*

9. "He must take up his cross every day and follow in my steps." (Lk. 9: 23) *Hail Mary...*

10. "Whoever would save his life will lose it, whoever loses his life for my sake, will save it." (Lk. 9: 24) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE SORROWFUL MYSTERIES

5: The Crucifixion

Our Father...

1. Jesus said, "Father, forgive them, they do not know what they are doing." (Lk. 23: 32) *Hail Mary...*

2. One of the criminals said: "Jesus, remember me when you enter upon your reign." And Jesus replied, "I assure you; this day you will be with me in paradise." (Lk. 23: 42-43) *Hail Mary...*

3. Seeing his mother there with the disciple whom he loved, Jesus said to his mother, "Woman, there is your son." (Jn. 19: 26) *Hail Mary...*

4. In turn he said to the disciple, "There is your Mother." From that hour onward, the disciple took her into his care. (Jn. 19: 27)

Hail Mary...

5. Then toward mid-afternoon, Jesus cried out in a loud tone, "My God, my God, why have you forsaken me?" (Mt. 27: 46)

Hail Mary...

6. Jesus realizing that everything was now finished, said to fulfill the Scriptures, "I am thirsty." There was a jar there, full of common wine. They stuck a sponge soaked in this wine on a stick, and raised it to his lips. (Jn. 19: 28) *Hail Mary...*

7. When Jesus took the wine, He said, "Now it is finished." (Jn. 19: 30)

Hail Mary...

8. Jesus uttered a loud cry and said, "Father, into your hands I commend my

spirit." After he said this, he expired. (Lk. 23: 46)

Hail Mary...

9. Darkness came over the whole land until midafternoon with an eclipse of the sun. The curtain in the sanctuary was torn in two. (Lk. 23: 44-45)

Hail Mary...

10. They took Jesus' body, and in accordance with Jewish burial custom, bound it up in wrappings of cloth with perfumed oils. (Jn. 19: 40) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...



“You must know that when you ‘hail’ Mary, she immediately greets you! Don’t think that she is one of those rude women of whom there are so many—on the contrary, she is utterly courteous and pleasant. If you greet her, she will answer you right away and converse with you!”

Saint Bernardine of Siena



THE GLORIOUS MYSTERIES

1: The Resurrection

Our Father...

1. After the sabbath, as the first day of the week was dawning, Mary Magdalene came with the other Mary to inspect the tomb. (Mt. 28:1)
Hail Mary...

2. The angel came to the stone, rolled it back and sat on it. (Mt. 28:2) *Hail Mary...*

3. Then the angel spoke, addressing the women: "Do not be frightened. I know you are looking for Jesus the crucified, but he is not here. He has been raised, exactly as he promised." (Mt. 28:5-6)
Hail Mary...

4. "He has been raised from the dead and now goes ahead of you to Galilee." (Mt. 28:7) *Hail Mary...*

5. On the evening of the first

day of the week, even though the disciples had locked the doors of the place where they were.... Jesus came and stood before them. "Peace be with you." He said. (Jn. 20:19)
Hail Mary...

6. In their panic and fright they thought they were seeing a ghost. (Lk. 24:37)
Hail Mary...

7. He said to them, "Why are you disturbed? Look at my hands and my feet; it is really I." (Lk. 24:38-39) *Hail Mary...*

8. At the sight of the Lord, the disciples rejoiced. (Jn. 20:20) *Hail Mary...*

9. "Peace be with you." Jesus said again. "As the Father has sent me, so I send you." (Jn. 20:21) *Hail Mary...*

10. "I am the resurrection and the life; whoever believes in me, though he should die, will come to life." (Jn. 11:25-26)
Hail Mary...

Glory be to the Father...

O My Jesus, forgive us our sins...



THE GLORIOUS MYSTERIES

2: The Ascension

Our Father...

1. Jesus led His disciples out near Bethany, and with hand upraised, blessed them. (Lk. 24:50) *Hail Mary...*

2. Jesus addressed them in these words: "Full authority has been given to me both in heaven and on earth." (Mt. 28:18) *Hail Mary...*

3. "Go therefore, and make disciples of all the nations. Baptize them in the name of the Father, and of the Son, and of the Holy Spirit." (Mt. 28:19) *Hail Mary...*

4. "And know that I am with you always, until the end of the world." (Mt. 28:20) *Hail Mary...*

5. "The man who believes in the good news and accepts baptism will be saved; the man who refuses to believe in it will be condemned..." (Mk. 16:16) *Hail Mary...*

6. As Jesus blessed them, he left them and was taken up to heaven. (Lk. 24:51) *Hail Mary...*

7. He was lifted up before their eyes in a cloud which took him from their sight. (Acts. 1:9) *Hail Mary...*

8. "This Jesus who has been taken from you will return, just as you saw him go up to the heavens." (Acts. 1:11) – *Hail Mary...*

9. They fell down to do him reverence, then returned to Jerusalem filled with joy. (Lk. 24:52) *Hail Mary...*

10. Jesus took his seat at God's right hand. (Mk. 16:19) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...

THE GLORIOUS MYSTERIES

3: The Descent of the Holy Spirit

Our Father...

1. Jesus said, "I will ask the Father and he will give you another Paraclete, to be with you always." (Jn. 14:16)

Hail Mary...

2. "The Paraclete, the Holy Spirit, whom the Father will send in my name, will instruct you in everything, and remind you of all that I told you." (Jn. 14:26) *Hail Mary...*

3. "Within a few days you will be baptized with the Holy Spirit." (Acts. 1:5) *Hail Mary...*

4. "You will receive power when the Holy Spirit comes down on you; then you are to be my witnesses in Jerusalem, throughout Judea....and even to the ends of the earth." (Acts. 1:8)
Hail Mary...

5. When the day of Pentecost came it found them gathered in one place. Suddenly from up in the sky there came a noise like a strong driving wind, which was heard all through the house. (Acts. 2:1-2)
Hail Mary...

6. Tongues as of fire appeared, which parted and came to rest on each of them. All were filled with the Holy Spirit. (Acts. 2:3) *Hail Mary...*

7. They began to express themselves in foreign tongues and make bold proclamation as the Spirit prompted them. (Acts. 2:4) *Hail Mary...*

8. Staying in Jerusalem at the time were devout men of every nation. These heard the sound, and assembled in a large crowd. They were confused because each

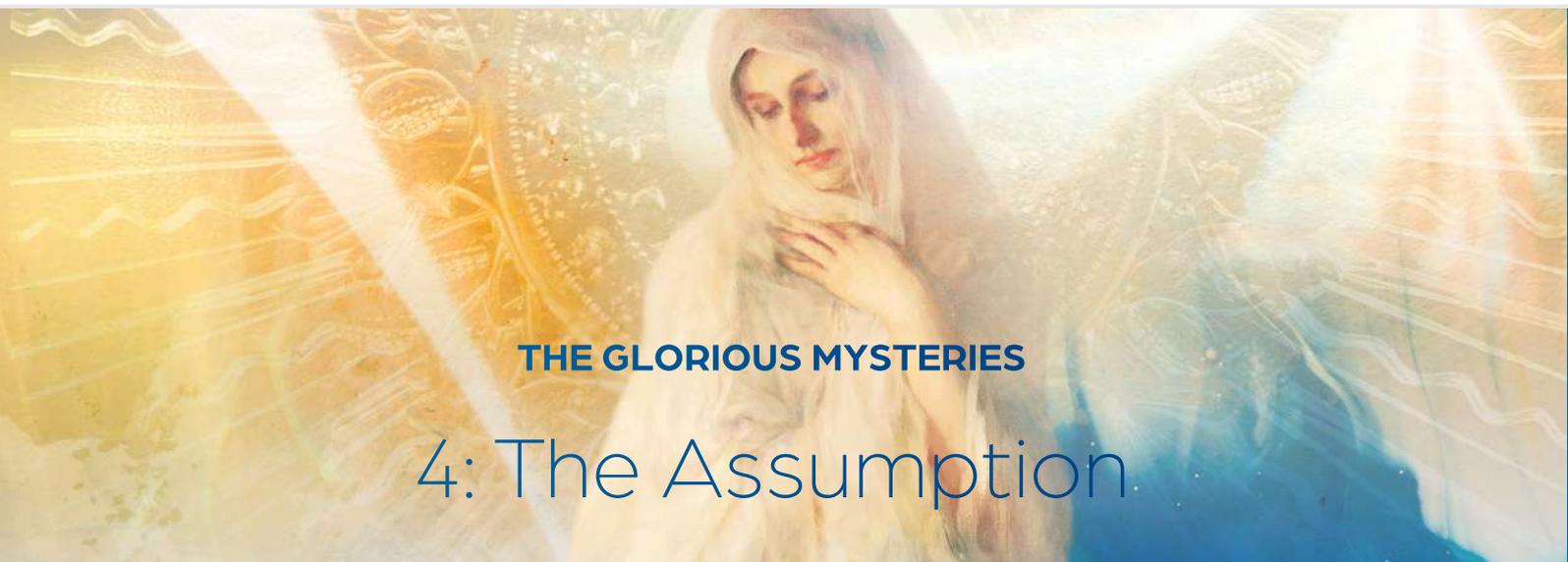
heard the disciples speaking in his own language. (Acts. 2:5-6) *Hail Mary...*

9. Peter stood up with the Eleven and addressed them, "You must reform and be baptized, each one of you, in the name of Jesus Christ, that your sins may be forgiven; then you will receive the Holy Spirit." (Acts. 2: 38)
Hail Mary...

10. Those who accepted his message were baptized; some three thousand were added that day. (Acts. 2:41)
Hail Mary...

Glory be to the Father...

O My Jesus, forgive us our sins...



THE GLORIOUS MYSTERIES

4: The Assumption

Our Father...

1. The Lord God said to the serpent: "I will put enmity between you and the woman and between your offspring and hers." (Gn. 3:15) *Hail Mary...*

2. "He will strike at your head, while you strike at his heel." (Gn. 3:15) *Hail Mary...*

3. A great sign appeared in the sky, a woman clothed with the sun, with the moon under her feet, and on her head a crown of twelve stars. (Rv. 12:1) *Hail Mary...*

4. "Father, all those you gave me, I would have in my company where I am." (Jn. 17:24) *Hail Mary...*

5. Wherefore she is our mother in the order of grace. (Vt. II, Constit. on Ch. 61) *Hail Mary...*

6. Taken up to heaven, she did not lay aside this salvific duty, but by her intercession continues to bring us the gifts of eternal salvation. (Vac. II, Constit. of Ch. 62) – *Hail Mary...*

7. "For he has looked upon his servant in her lowliness." (Lk. 1:48) *Hail Mary...*

8. "All ages to come shall call me blessed." (Lk. 1:48) *Hail Mary...*

9. "Those who love me I also love, and those who seek me find me... For he who finds me finds life, and wins favor from the Lord." (Prov. 8:17-35) *Hail Mary...*

10. Come then my love. My lovely one come. (Song 2:10) *Hail Mary...*

Glory be to the Father...

O My Jesus, forgive us our sins...



THE GLORIOUS MYSTERIES

5: The Coronation

Our Father...

1. "God who is mighty; has done great things for me." (Lk. 1:49) *Hail Mary...*

2. "My heart overflows with a goodly theme; as I sing my ode to the king." (Ps. 45:2) *Hail Mary...*

3. Fairer in beauty are you than the sons of men; grace is poured out upon your lips; thus God has blessed you forever. (Ps. 45:3) *Hail Mary...*

4. Because of this gift of sublime grace, she far surpasses all creatures, both in heaven and on earth. (Vat. II, Constit. of Ch. 53) *Hail Mary...*

5. "I am the rose of Sharon, I am the lily of the valleys." (Song 2:1) *Hail Mary...*

6. "So now, O children, listen to me; instruction and wisdom do not reject." (Prov. 8:32-33) *Hail Mary...*

7. The Lord chose her. He chose her before she was born. (Div. off.) *Hail Mary...*

8. Entirely holy, and free from all stain of sin. (Constit. of Ch. 56) *Hail Mary...*

9. Freely co-operating in the work of human salvation through faith and obedience. (Constit. of Ch. 56) *Hail Mary...*

10. "Blessed are you, daughter, by the Most High God, above all the women on earth." (Judith 13:18)

Hail Mary...

Glory be to the Father...

O My Jesus, forgive us our sins...

SPEAKERS & NOTES





Dear brothers and sisters, contemplating the face of Christ with the heart of Mary our Mother will make us even more united as a spiritual family and will help us overcome this time of trial. I keep all of you in my prayers, especially those suffering most greatly, and I ask you, please, to pray for me. I thank you, and with great affection I send you my blessing.

Pope Francis, Rome, Saint John Lateran, 25 April 2020



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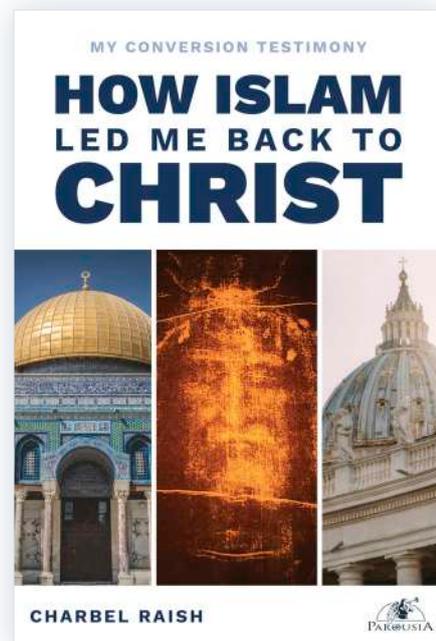
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A large, ethereal image of the Virgin Mary in a white robe, with her hands clasped in prayer. The background is a soft, golden glow with faint, glowing patterns.

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